

May 1, 2022



May Newsletter

CDPHP Health Equity News

In this issue:

The STRETCH Initiative, Mental Health Awareness Month, Partner Spotlight, Education & Training, and Community Resources

The Health Equity Unit within the Chronic Disease Prevention and Health Promotion Program is developing a work plan to support lasting systems change needed to achieve health equity and resilient communities. The Association of State and Territorial Health Officials (ASTHO) and the Michigan Public Health Institute are helping ten state health agencies (including Nevada) to create effective cross-sector and cross-agency coordination to build a culture of health equity. The NV DHHS STRETCH plan will explore opportunities to re-invest in public health to achieve more equitable outcomes.



Millions of individuals experience living with a mental illness each year. Mental health plays a major role in your overall well-being. The World Health Organization defines mental health as “a state of well-being in which the individual realizes their own abilities, can cope with the normal stresses of life, can work productively and fruitfully and is able to make a contribution to their community.” Your food choices, level of exercise, amount of sleep, and your social connections play a major role in your mental health.

May is a time to raise awareness of those living with mental or behavioral health issues and to help remove the stigma associated with mental health. The Chronic Disease Prevention and Health Promotion Program believes in maximizing the health of Nevadans by improving the environment and policy systems that influence quality of life including, physical health, social health, and mental health.



Join us to raise awareness about mental health. Help us fight stigma, provide support, educate the public, and advocate for mental health.

APHA has created resources to address mental health and well-being in the time of COVID-19:

[Mental Health Action Guide to Stem the Mental Health Crisis from COVID-19.](#)

[A Guide to Promoting Health Care Workforce Well-Being During and After the COVID-19 Pandemic](#)

Mental Health America has [resources available](#) related to staying mentally healthy, food choices and nutrition, exercise, stress management, and more.

Additional National Health Observances

[Children’s Mental Health Acceptance](#) (CMHA) Week is May 1-7, 2022

[National Women’s Health Week](#) is May 8-14, 2022

[National Black Family Cancer Awareness Week](#) (NBFCAW) is June 16-22, 2022

[National Men’s Health Week](#) is June 13 - 19, 2022

[HIV Testing Day](#) is June 22, 2022

Partner Spotlight!

Each month, the CDPHP Health Equity Unit will spotlight one of our partners to showcase their tremendous efforts in health equity. Our team thanks each and every partner and Community Based-Organization for all of their extraordinary efforts in assisting Nevadans and making an impact in public health.



1. What is the most exciting project you are currently working on?

Within the Behavioral Health and Wellness Program, the Nevada Resilience project team is “assisting the Coalition to plan a Suicide Awareness and Prevention Townhall in Spanish. In hope to reach a community that might not have had access to the knowledge/resources due to language barriers. We are hoping to have this scheduled some time in May of this year.” (Isabell, Community Crisis Counselor)

2. What has been your most memorable moment?

“I had a client who was struggling with paying for his rent and utility bills. We offered him all the information and resources to meet his needs, and he then mentioned he had cognitive impairment health issue situation and so he is unable to function on his own and therefore he needed more help to call and apply for these programs. We were then able to offer him more resources like case management programs to help him with further application procedure needs. All this came to him as a sudden surprise as he was not aware that these kind of case management programs existed to help people like him in these situations. In the end, he was very thankful and grateful to our contribution in the community and for our direction and resources which helped to solve problems and makes people’s lives much happier.” (Rose, Nevada Resilience Project Ambassador)

“I originally spoke with the client in September 2021 after receiving a referral from The Nevada Homeless Alliance on her behalf. The client had recently lost her husband, had no income, is disabled and was facing eviction. I was able to provide resources for the CHAP program as well as resources and information about responding to the court and working with her landlord to avoid eviction. We spoke a few more time over a couple of weeks as she faced issues with her family who helped her apply for CHAP, but the family would not provide her with details of the status or what was needed. The client was also getting frustrated trying to get answers about her social security benefits and was getting more worried about being evicted and she did not want to live with her kids. RA also provided resources for senior services, SNAP and disability support advocates. RA was able to provide emotional support as well as tools to follow-up with the agencies directly herself. With the resources and support provided the client was able to begin to advocate for herself and find the answers she needed. The client calls with updates every few weeks with update and recently she received her second CHAP payment to catch up her rent again. She also was able to get her social security benefits situated and has started getting her payments. The client expressed immense gratitude to the Nevada Resilience Project for being an Angel in her time of need. She expressed that she felt supported, encouraged and that she really had someone looking out for her.” (Danielle, Nevada Resilience Project Ambassador)

3. What piece of advice would you give to new partners?

“Advice to newer partners is actually something I am doing myself coming into this position. Get to know the others! We have an amazing group to work alongside and I am just starting to learn all the amazing things they do for our community and realizing that you might able to complement one another in your journey.” (Isabell, Community Crisis Counselor)

To learn more or connect with the Nevada Resilience Project, visit:

NevadaResilienceProject.com

Call: 1 (800) 273-8255 Text: CARE to 839863

Are you interested in being in one of our future newsletter spotlights? If so, please email your interest to: [Brittney Rosiles](mailto:BrittneyRosiles@health.gov), Health Equity Project Manager, at brosiles@health.gov.

Education and Training

The following training is provided by the Trudy Larson MD institute for Health Impact and Equity:

[Health Equity Webinar Series \(FREE\)](#)

Occurs every third Friday of the month from 10 AM - 11 AM PST

[Health in All Policies 101 \(FREE\)](#)

Sexual Gender and Minority Conferences (FREE)

[Recording from 2020](#)

[Recording from 2021](#)

[Cultural Competency Training](#) - Satisfies requirements to renew certain State issued licenses**

Synchronous live-training - CEUs provided; (pricing depends on group size)

Asynchronous (\$100)

[Cultural Readiness Training For State Employees](#)

FREE to state employees till September 2022 - CEUs provided

[Climate Impacts Mental Health: The Importance of Climate-Resilience Webinar](#)

Original webinar released on March 21, 2022 but you can still view YouTube recording on the National Institute on Health Care Management (NIHCM) Foundation website.

[Racial Equity Training](#) (pricing depends on group size)

[Immunize Nevada Nile Webinar](#): COVID-19 for Parents & Caregivers: Vaccines Myths & Implications for Pregnancy, Breast, and Chest Feeding, Gained Data Set from SET-NET Project and FAQ.

May 10, 2022 from 6:00PM-7:00PM PST

[Click here to register!](#)

Jasper Health Webinar Event—Suicide Prevention & the Workplace: How to Promote Workforce Wellness & Culture Change

The webinar recording and additional recommended resources can be found [here](#).

Save the Date! [ASTHO Health Equity Summit 2022](#)

July 27, 2022 from 11am-5pm ET.

Join ASTHO for a national convening of state and island jurisdiction health officials, federal and local partners, and stakeholders committed to advancing health equity.

The summit will feature examples of how health officials are building upon lessons from the COVID-19 pandemic and promoting antiracism by transforming systems to achieve racial equity and eliminate health disparities.

Community Resources

Nevada 211, a program of the Nevada Department of Health and Human Services (DHHS) provides a wide range of services and resources to assist Nevadans including, but not limited to: [Behavioral and Mental Health resources](#), [Disability services](#), [Crisis Hotlines](#), and [more](#).

Employment Opportunities

ACCEPT is recruiting for three new positions:

1. Marketing Communications Specialist;
2. Community Health Worker (CHW) for HERR (Health Education & Risk Reduction) Program;
3. Non-Medical Case Manager (NMCM) Community Health Worker; and
4. Community Outreach Worker

For a job description (s) please contact: Gwen Taylor, Executive Director at: GwenT@acceptonline.org. You can learn more about ACCEPT by going to their website at: www.acceptonline.org.

Contact Us

CDPHP Health Equity Newsletter announcements come out on a monthly basis. To submit information for inclusion, including webinars, events, funding opportunities, and/or resources, please contact Health Equity Project Manager, Brittney Rosiles at brosiles@health.nv.gov prior to the 1st of each month (please write out your announcements in an email).

To be removed from this distribution list please e-mail brosiles@health.nv.gov

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